**Instruction on how to claim medical insurance benefit  
 when you see a doctor outside Japan**

You can claim medical insurance benefit when you have to see a doctor at a local medical institution outside Japan due to sickness or injury while traveling or working abroad.

Note that:

* If the medical treatment you got outside Japan is not insurable in Japan, the cost for it is not covered by the insurance. For example, dental implant and cosmetic surgery are not covered by the insurance.
* If the purpose of your trip is to get medical treatment, the cost is not covered by the insurance.

**Application forms to submit**

○Application for claiming oversea medical insurance benefit

○Agreement of Authorization

○Attending Physician's Statement (form A ) for non-dental, or Attending Dentist's Statement (form C) for dental

○Itemized Receipt (form B)

○Original receipts that shows the payment to a local medical institution and the original receipt for purchasing prescribed medicine, if any.

○Any documents that shows the period of your staying abroad, such as copy of passport, visa, and air tickets）

※Application of oversea medical insurance benefit and the application forms (form A, B and C) should be filled out for each month, each patient, each medical institution and by hospitalization/outpatient (home visit).

**※Print out the application forms (form A, B and C) and table of international classification of diseases for the use of health insurance from the HP and bring them with you when traveling abroad.**

**How to apply**

Submit all the necessary application forms listed above to Health Insurance Association for Amazon Japan Employees.

※You cannot claim insurance benefit two years after you made payment to an oversea medical institution due to the statute of limitations.

※We cannot remit the insurance payment overseas. If you stay oversea, you need to specify your (insured’s) bank account in Japan. If you do not have a bank account in Japan, you need to specify a substitute payee and his/her bank account in Japan.

**Amount of insurance benefit**

The amount of insurance benefit is calculated to be the amount A) deducted by B):

1. Either smaller of i) the amount specified under the Health Insurance Act in Japan by disease and injury as if you get medical treatment in Japan or ii) the amount you actually paid to a medical institution.
2. Copayment

The insurance benefit is paid in Japanese yen. The foreign exchange rate is based on selling rate on the date of insurance payment decision.

※There is substantial difference in healthcare system and medical practices between Japan and other countries. The amount of insurance benefit can be significantly smaller than the amount you actually paid deducted by copayment.